

PPTA



NWD

*Official Newsletter for the Members of the  
Pennsylvania Physical Therapy Association - Northwest District*

## From the District Chair

by Beth Gustafson, PT, MSEd



Dear Northwest District PPTA members,

**Greetings!** It is with great pleasure that your executive committee brings you a new edition of the NWD Newsletter. It is our goal to facilitate communication and engagement throughout the district. To address that goal, we have implemented the following activities:

- Use of Go To Webinar at all\* district meetings • Option of meeting at regional sites (Penn State Shenango and Penn State Dubois) where Go To Webinar is used to connect all of us, for some meetings
- This, first (in a long time) newsletter specific to the NWD
- The addition of continuing education activities at district meetings....read on! \*there are some limitations – we may not have access on occasion

### Key issues

We (NWD) are considering dissolving the Dubois-area sub-district. Marty Maloney and I have been discussing this and we believe that with the addition of virtual communication platforms and regional sites, we can bridge the geographic gap. It is our intention to continue with the Dubois-area continuing education event as long as attendance remains good. Please contact me September 1, 2017 if you have any concerns about this.

There are many issues impacting our practice and profession. Please visit [www.ppta.org](http://www.ppta.org) often for updates. The PPTA is examining the potential to submit legislation to open the practice act enabling physical therapists to practice to the fullest extent of their education. This language would include unrestricted direct access. Stay-tuned for updates and announcements. Thank you for your continued support.

Please don't hesitate to contact me if you have any questions or suggestions.

On behalf of your executive committee,  
Beth Gustafson, PT, MSEd  
NWD Chair

## House of Delegates Report

There were several key issues discussed at the 2017 House of Delegates. After much debate, we did agree on and pass a motion updating the definition of Scope of Practice for the Physical Therapist.

Visit <http://www.apta.org/PTinMotion/News/2017/6/22/HODHighlights/> for an excellent summary of House activities.

We also spent considerable time discussing the proposed changes to clinical education model. The model is drastically different from our current model. It involves less classroom time, mandated residency and a tiered licensure process. Visit [https://www.dropbox.com/sh/rc2hmxtmaldr3p/AABj6kDO1vz13J8hH-RiWDn\\_a?dl=0&preview=NEXT2017\\_ELP\\_final.mpeg](https://www.dropbox.com/sh/rc2hmxtmaldr3p/AABj6kDO1vz13J8hH-RiWDn_a?dl=0&preview=NEXT2017_ELP_final.mpeg) for the report. It is imperative that members, especially clinicians, give feedback. APTA is formally seeking feedback through scheduled sessions at national conferences.

As a member, you have access to the report, but it is (honestly) difficult to find. Visit the "communities" page, House of Delegates and then Reports to the HOD; the report starts on page 40. If you have any problems finding the report or if you want to discuss it, please feel free to contact me.

Beth Gustafson, PT, MSEd  
NWD Delegate

## Mark Your Calendars

July 18th NWD Continuing Education Webinar

August 27th PAC Fundraiser-Family Picnic & Seawolves Game. Visit [HERE](#) for more details.

October 27-29th PPTA Annual Conference at Seven Springs Resort. Register at [www.ppta.org](http://www.ppta.org)

# Rehab Implications in Cardiac Medications

Presented by Doug Slick, PTA



July 18, 2017

Business Meeting 7-7:30pm

Continuing Ed Webinar 7:30-8:30pm

## The Course....

This session will provide the participant with an overview of contemporary cardiac medications and the implications of each on rehabilitation interventions. Signs, symptoms and lab values to monitor, as well as consequences on discharge planning will be included. The course will feature a synopsis of the administration, absorption, distribution metabolism and excretion of medications. Emphasis will be placed on the expected effects, as well as potential, adverse reactions during exercise and mobility. Medications covered will include: positive and negative inotropes, anticoagulants, ACE inhibitors, angiotension receptor blockers, diuretics, sodium and potassium channel blockers. There will be a post-course quiz for attendees to successfully complete to receive the one-hour approved CEU.

Pre-Register: <https://attendee.gotowebinar.com/register/8244900529972422913>

## The Presenter...

Mr. Slick completed his Bachelor of Arts at the Philadelphia College of Performing Arts and his Associate degree in PTA at Lehigh Carbon Community College. He has 7 years of physical therapy experience in acute care, inpatient rehabilitation, short-term rehabilitation and outpatient settings with a focus on treating cardiothoracic, surgical, ICU and medical/trauma patients. Mr. Slick is employed as a full time PTA at Lankenau Medical Center. He has lectured on the topic of cardiac rehabilitation at local PTA schools, and has presented at the PPTA state conference and locally for the Southeast District of the PPTA on cardiac and PTA licensure topics. He is currently the Chair of the PPTA Special Interest Group for PTAs, and has served as a delegate for the APTA PTA Caucus, Chair of the APTA PTA Caucus Advocacy Committee, and the Chair of the PPTA Wellness/Prevention Work Group.

Questions? Email Ann Lowrey at [annlowreyppta@gmail.com](mailto:annlowreyppta@gmail.com)

Thank you to all who give their time to make this district possible.  
Anyone interested in volunteering their time is welcome to email  
Beth Gustafson at [gustafson006@gannon.edu](mailto:gustafson006@gannon.edu)

<i>District Director:</i>	<i>Beth Gustafson</i>
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