ABOUT OUR SPEAKERS

Megan Beam, PT, DPT, PCS received her Bachelor of Arts from Franklin & Marshall College in 2008 and Doctorate of Physical Therapy from The University of the Sciences in 2011. Megan is an ABPTS Pediatric Certified Specialist and has worked as an outpatient physical therapist at the Children’s Hospital of Philadelphia for 6 years at both main campus and King of Prussia locations. She is the lead physical therapist in the Trisomy-21 and Bone Health Clinic settings, and enjoys treating children of a variety of ages and diagnoses including developmental, brain injury, low tone, and orthopedics. She underwent specialized training through the APTA Pediatric Vestibular Competency Course in 2013 and has maintained competency through several other APTA specific concussion courses around the country. Most notably, she is the co-lead in the Pediatric Concussion program at CHOP. Along with her colleague Mike Karl, she has conducted several trainings to ensure consistency and standardization of relevant staff involved in concussion management of concussion. Megan is currently involved in multiple research projects aimed to improve a better understanding of pediatric concussion. In her spare time, she enjoys running, swimming, travel, and is an alumni of the Philadelphia Women’s Rugby Team.

Jason Bialker, JD is an attorney in the Philadelphia law firm, Marshall, Dennehey, Warner, Coleman & Goggin. He focuses his practice in the areas of medical malpractice and health care liability. As a member of the Health Care Department, he represents individual health care providers, including medical, dental, psychiatric, and physical/occupational therapy professionals. Jason also represents medical facilities and practice groups, such as hospitals, private medical/dental practices, long-term care facilities and skilled nursing facilities. Jason earned his Bachelor of Science degree in Exercise and Sport Science from Pennsylvania State University, University Park campus, in 1996. He immediately went on to earn his Master’s Degree in physical therapy from Allegheny University of the Health Sciences (now Drexel University) in 1998. He received his law degree from Temple University, Beasley School of Law and passed the Pennsylvania bar in 2006. Prior to beginning his legal career, Jason was a physical therapist. While working for The Hospital of the University of Pennsylvania, Penn Therapy and Fitness, and Thomas Jefferson University Hospital, Jason gained experience in a variety of settings, including outpatient orthopedic/sports medicine, acute care, and long-term/skilled nursing. He enrolled in the evening division program at Temple University, Beasley School of Law, in the fall of 2002. Jason is licensed to practice law in Pennsylvania.

Brian Cardin, PT, C.Ped. has been practicing Physical Therapy since 1994. His undergraduate schooling was done at Central Penn College, Slippery Rock University, and Penn State at Harrisburg. His professional training as a Physical Therapist was completed at the University of Findlay, in Findlay, Ohio. He received his pedorthic training at Temple University’s School of Podiatric Medicine. He is the co-owner of Cardin & Miller Physical Therapy, PC, Appalachian Running Company, Reaction Orthotics, and The Carlisle UMed Gym. He is active in the APTA Private Practice Section as a member of the Peer2Peer networking group, as well as acting as a Key Contact for PPS in Pennsylvania. Since 2010, Brian has implemented medical fitness and wellness programming through the UMED model and utilized his extensive PT background to apply this business model locally. Brian serves on the Advisory Board for UMED and is leading the charge for the Physical Therapy Industry to apply their level of expertise across all aspects of the community.
**Jaclyn M. Chardbourne, MA, CES,** has been employed within the allied health profession as a Clinical Exercise Physiologist since 2003. She received her bachelor’s degree from St. Joseph’s College of Maine and her master’s degree from Adelphi University in Clinical Exercise Physiology. She was awarded a doctoral assistantship at Virginia Polytechnic Institute in the Department of Human Nutrition, Food and Exercise in 2005. Prior to initiating her own doctoral research, she was a full-time visiting instructor at the University of New England in the Applied Exercise Science Department. For three years she served as the Lead Clinical Exercise Physiologist for Maine Medical Center’s Turning Point Heart Health Program. With a passion for sustainable healthy living and a desire to support patient-centered care. She Co-Founded a model for medical fitness integration in existing facilities and developed a proprietary bi-directional EMR that facilitates longitudinal data collection and reporting for all members and integrates with many other cutting edge technologies (Universal Medical Technology, LLC). Their model powers many healthcare providers from fitness professionals to Physician Groups to Self-Insured Employers.

**Claire Child, PT, DPT, MPH, CCS,** currently works for Good Shepherd Penn Partners as an acute care physical therapist at the Hospital of the University of Pennsylvania. She enjoys working with patients after heart and lung transplants, as well as in critical care. She is also involved in multiple hospital-wide quality improvement projects that use mobility to address risk factors for falls and other adverse events. Currently, she teaches in multiple DPT programs in the Greater Philadelphia area. Claire graduated with a Doctorate of Physical Therapy (DPT) from the Massachusetts General Hospital Institute of Health Professions in Boston, MA in 2011. She subsequently completed a Masters of Public Health with a concentration in health care policy and management at the T.H. Chan Harvard School of Public Health in 2012. In 2014, Claire received her ABPTS clinical specialist certification in Cardiovascular and Pulmonary Physical Therapy.

**Michelle Criss, PT, DPT, GCS** is Assistant Professor in the Physical Therapy Program at Chatham University and a doctoral student at Nova Southeastern University. Missy has served PPTA on the Southwest District Membership and Education Committees, on the PPTA Practice Committee, as a Southwest Delegate, and currently serves on the PPTA Membership Committee. She also served the Academy of Geriatric Physical Therapy as Chair of the Regional Course Committee, Nominating Committee Chair, and currently serves the Program Committee and GeriEDGE Committee. She is the proud recipient of the President’s Award from the Academy of Geriatric Physical Therapy, PPTA Geriatric SIG Award of Excellence, and the Clinician-Educator Award from Chatham University’s DPT Program. Dr. Criss is proud to have developed the ABPTRFE-accredited UPMC Centers for Rehab Services Geriatric Physical Therapy Residency program in which she continues to serve as a faculty member. She spends her “free” time being a taxi driver for her teenaged daughters, a soccer/band/musical mom, and tries to attend a couple dance classes a week to keep life interesting!
**Mike Eisenhart, PT** is the managing partner of Pro-Activity Associates, a prevention and health promotion practice located in Lebanon, NJ. Mike began developing Pro-Activity’s prevention model in 1999 and helped deploy it at scale with his workplace-team beginning in 2001. Since that time Mike has been a strong advocate for the Physical Therapist’s role in prevention and health promotion, most recently launching the Academy of Prevention and Health Promotion Therapies. Mike is also deeply involved in the APTA most recently serving as the chapter president in NJ, the lead of the “employer initiative” at the national level, and currently a candidate for the nominating committee of the house of delegates. You can keep up with Mike on Twitter @MikeEisenhart or email him at Mike.Eisenhart@aphpt.org

**Gwen Ellert, MEd, RN, BSN** is a registered nurse with a Master's Degree in Education and a Bachelor of Science in Nursing both obtained from the University of British Columbia, Canada. She has worked as an independent consultant, educator and author in the healthcare industry for more than 25 years. Based on her strong belief in multidisciplinary interprofessional care, Gwen has focused on educating and supporting health care professionals and the public to prevent disease or improve quality of life for those living with chronic diseases, particularly Osteoporosis, Rheumatoid Arthritis and Osteoarthritis. She is author of *The Arthritis Exercise Book* and video of same name and co-author for the inter-professionally written book *The Osteoporosis Book: Bone Health* now in its fourth edition. The book is written with and endorsed by internationally respected health education and medical leaders in the United States and Canada as well as organizations such as Osteoporosis Canada. Gwen’s most recent education programs are: *Inter-professional Fracture Prediction and Prevention (IFPP)* and *The Use of Biosimilars in the Treatment in Rheumatic Disease*. A regular presenter for The Arthritis Society’s Arthritis Continuing Education course on Osteoporosis for health care professionals and for the GI Society’s public series on *The Aging Digestive Tract*, Gwen has contributed to published medical research and innovation, is a board member of the Canadian Society of Intestinal Research and is a cofounder and President of the Western Canada Chapter of the American Rheumatology Nurses Society. In recognition of her commitment to educating the general public Gwen is a frequent guest on popular media programs across Canada and the United States.

**Lisa Goussetis, PT, CCTT** graduated from Boston University in 1983 with a B.S. in Physical Therapy. She practiced at Harvard University teaching hospitals while living in Boston for 13 years, developing a specialty in the treatment of cervical and TMJ injuries. Her continuing education has focused on mobilization, myofascial release, craniosacral therapy, and exercise for special populations. Lisa has practiced in outpatient settings in three states, and she continued her education at Drexel University in 2009-2010, studying the cervical spine and upper quarter. She is a member of the American Physical Therapy Association, and integrates Pilates into her PT practice as a certified Stott Pilates instructor. Ms. Goussetis' clinical specialty is in the treatment of craniofacial injuries and surgeries, with recent certification as a CCTV, a PT specialty subgroup of the American Academy of Orofacial Pain, making her one of 47 certified clinicians throughout the country. She is currently developing an Osteoporosis education and strengthening program, and is very interested in combining community outreach and physical
therapy. Personal interests include wellness throughout the lifespan and nutritional studies. She and her husband have enjoyed raising their family in Lancaster, PA.

Mary K. Hastings, PT, DPT, MSCI, ATC is an Associate Professor of Physical Therapy and Orthopaedic Surgery in the Program in Physical Therapy at Washington University, St. Louis, MO. Her area of focus is musculoskeletal injuries of the foot and ankle with expertise in biomechanical contributors to diabetes related lower extremity complications. She has a 20+ year history of funded research in which she and her colleagues explored the foot deformities, joint mobility, loss of muscle function, and vascular contributions associated with plantar wound development and lower extremity amputation in those with diabetes and peripheral neuropathy. Dr. Hastings’ current studies include: 1) monitoring foot deformity, muscle volume, and foot function over a three-year period in individuals with diabetes and peripheral neuropathy. A foot specific physical therapy intervention is being provided at onset in half of the participants to examine the impact of exercise in neuropathic feet and to see if the trajectory of deformity and muscle loss can be changed with physical therapy. 2) Partnering with vascular surgery and a magnetic resonance physicist to examine the ability of a non-contrast MRI sequence to measure the blood perfusion and oxygen extraction in the foot muscles (often the plantar wound bed). 3) Together with a small business, Orthotic & Prosthetic Design, we are designing and perfecting a carbon fiber off-loading device. The device is low profile, lighter weight, and cosmetically pleasing. Mary has a Bachelor of Science in Kinesiology from the University of Illinois and certified as an Athletic Trainer, a Master of Science and a Doctorate in Physical Therapy from Washington University, and a Master of Science in Clinical Investigation from Washington University. She has 51 peer reviewed publications and has spoken on the topic of diabetes at numerous local, national, and international meetings.

Michael Karl, PT, DPT, OCS, FAOOMPT graduated with his Doctorate in Physical Therapy from Pacific University in Portland, Oregon in 2002. He has been at Children’s Hospital of Philadelphia since 2014, working in sports physical therapy with a particular interest in the comprehensive physical therapy management of patients after concussion. He is a board-certified Orthopedic Physical Therapist since 2008 and completed his Fellowship in Orthopedic Manual Physical Therapy from Regis University in 2014. He completed his Competency in Vestibular Therapy through the American Physical Therapy Association/Emory University in 2011. Along with Megan Beam, he is the co-lead physical therapist for CHOP’s Concussion Rehabilitation Team and has helped to develop an evidence-based evaluation and treatment program to optimize outcomes for patients after concussion. Michael is also the lead physical therapist for Children’s Hospital of Philadelphia’s new, multidisciplinary Balance and Vestibular Program. He has been a speaker on the subject of physical therapy for concussion at the “Fifth Annual Minds Matter: Concussion Care for Kids” symposium on March 3, 2017 in Philadelphia, PA and at a breakout session for the “Mind Your Brain” Conference at Penn Medicine on March 24, 2017.
Lenny Macrina, MSPT, SCS, CSCS has been practicing physical therapy since 2003 and currently serves as the Co-founder and Director of PT at Champion Physical Therapy and Performance in Waltham, MA. Prior to returning to MA to work alongside Mike Reinold, he has worked with renowned orthopaedic surgeon James Andrews, MD and renowned physical therapist Kevin Wilk. Through these interactions, he has grown to be well respected in the field of orthopaedic and sports medicine and rehabilitation. His interests include research and rehabilitation of the shoulder, elbow and knee joints. He has successfully treated many orthopaedic and sports medicine related injuries that are both post-operative and non-operative in nature, in recreational athletes to the high-level professional athletes. Lenny is an APTA Board Certified Sports Physical Therapist and a certified strength and conditioning specialist by the National Strength and Conditioning Association. In 2010, he was nominated by his peers to be included in the prestigious American Sports Medicine Fellowship Society, which includes top fellowship-training orthopaedic surgeons and physical therapists. In 2016, he was inducted into the ICCUS Society which is a group of clinicians, educators and researchers in the field of sports rehabilitation with the goal to continue to foster the advancement of the field of sports rehabilitation.

Along with maintaining a full clinic schedule, he has co-authored various current concept papers, book chapters, research papers and a home study course for the APTA’s Orthopaedic section. He has been a peer reviewer for the esteemed JOSPT and has reviewed rehabilitation textbooks and research papers for that journal. Through this research, he has been involved in numerous published articles in journals including: AJSM, JOSPT, Journal of Sports Health, Journal of Athletic Training, CORR, Operative Techniques in Sports Medicine, and many others. He has presented at various national conference including APTA’s Combined Sections Meeting, ASMI’s “Injuries in Baseball Course”. Lenny received his Bachelor’s degree in Biotechnology from Worcester Polytechnic Institute and his Master’s degree in physical therapy from Boston University.

Rose Marie Rine, PT, PhD is a licensed physical therapist. She has numerous publications on balance development, the role of vestibular function in development, testing of vestibular function in children, and the efficacy of intervention for vestibular related impairments in children. She received her entry level degree in physical therapy from the University of Connecticut and the doctoral degree from Northeastern University in experimental psychology/neuroscience. She has presented her work, which has been funded by NIH, the Foundation for Physical Therapy and the Section on Pediatrics of the APTA, at national and international meetings. She worked as Vestibular Team Leader on the NIH Toolbox, and as a consultant, Sensory Domain team leader and served on the Scientific Coordinating Committee for Health Measurement for the NIH National Children’s Study. She has been on faculty at the University of Miami, Northeastern University, Marshall University and the University of St. Augustine. Dr. Rine is a faculty of the Emory University’s Vestibular Rehabilitation: A Competency Based Course, and develop and sponsors the Pediatric Vestibular Rehabilitation: A Competency Based Course, which is approved by APTA and IACET. Dr. Rine is sole proprietor of Specialty Therapy Source, LLC.
Mary C. Sinnott, PT, DPT, ME is a professor in the Department of Physical Therapy of the College of Public Health at Temple University, Philadelphia, PA. For ten years, Dr. Sinnott served as the Director of the Doctor of Physical Therapy Program. She is now the Director for IPE and Pro Bono Services. She is a graduate of Temple University (BS in Physical Therapy and M.Ed in Exercise Physiology) and MGH Institute of Health Professions. Dr. Sinnott is a past president of the American Physical Therapy Association (APTA) Section on Health Policy and Administration. She is a past president of the APTA Academy of Acute Care Physical Therapy. In both Section presidencies, Dr. Sinnott served two full terms in office. In June 2009, Dr. Sinnott was elected to the national APTA Board of Directors for a three-year term. In 2012 she was elected to a second three-year term and completed her six years of leadership in June 2015. Dr. Sinnott maintains her clinical practice at Temple University Hospital on the acute care consult service. In addition, she has lectured across the country on topics that range from the impact of pathophysiology on function to leading organizational change.

Mary Ann Wharton, PT, MS is Adjunct Faculty in the Physical Therapist Assistant program at the Community College of Allegheny County, Boyce Campus. She is a physical therapy graduate of Ithaca College, and received a Master of Science degree in Leadership, with an emphasis in Geriatric Physical Therapy from the University of Pittsburgh. She has served on the Pennsylvania Physical Therapy Association’s Ethics Committee for the past 25 years and as Chair for 23 years. Ms. Wharton has been an invited speaker on ethics for the American Physical Therapy Association’s Ethics and Judicial Committee, at APTA Combined Sections meetings, and at PPTA Chapter meetings. She has authored two book chapters addressing ethical issues in physical therapy: “Enhancing Professional Accountability: Inquiry into the Work of a Health Profession’s Ethics Committee,” in Educating for Moral Action: A Sourcebook in Health and Rehabilitation Ethics, edited by Ruth Purtilo, Gail Jensen, and Charlotte Royeen; and “Ethics” in Geriatric Rehabilitation Manual, 3rd edition, edited by Timothy Kauffman. She has also published over 40 articles on ethics in various publications, including the PPTA Newsletter, GeriNotes, and Topics in Geriatric Rehabilitation. She is the recipient of APTA’s Lucy Blair Service Award, The Academy of Geriatric Physical Trials at two Pennsylvania Physical Therapy Association meetings, at PPTA District meetings, and with physical therapy students at Saint Francis University for more than 15 years.