

South Central District Officers:

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SOUTH CENTRAL DISTRICT PPTA

For more up-to-date information, including contact hour approval, please check the district website at: www.ppta.org and click on south central district. If your questions are not answered, please contact one of the officers. For more detailed directions, contact the host facility directly.

Stay current by attending the 30-minute business meeting held each night in addition to the presentation.

**South Central District School
Fundraising Competition**

WHAT: Compete against other SCD PT/PTA schools to raise money for the PT PAC

WHO: LVC, Alvernia, Penn State Mont Alto, Central Penn College

WHEN: Fall 2018

Details to follow from PPTA South Central District student liaisons.

Program Committee
496 Woodcrest Drive
Mechanicsburg, PA 17050

South Central District PPTA

PROGRAM CALENDAR

***SOUTH
CENTRAL
DISTRICT PPTA***

2018 – 2019



MARK YOUR CALENDARS NOW!!!

MECHANISMS OF MANUAL PHYSICAL THERAPY

Peter Potena, PT, DPT

Tuesday, September 11, 2018 6:30 pm

Cardin & Miller Physical Therapy, PC

Appalachian Running Company

290 East Pomfret Street

Carlisle, PA 17013

Facility Phone: 717.245.0400

www.cardinmillerpt.com

Directions: 81 South toward Carlisle. Take Exit 49 for 641 toward High St. Turn right onto 641 W (signs for 74). In about 1 mile, turn left onto S. Spring Garden St. and then right on E Pomfret St.

Approved for 1 contact hour of general education

SCD MINI-CONFERENCE:

DIFFERENTIAL DIAGNOSIS OF THE SHOULDER COMPLEX THROUGH EXAMINATION, EVALUATION, AND MANUAL TREATMENT

Mike Fink, PT, ScD, OCS, SCS

Friday, November 16, 2018

2:00 pm - 6:00 pm

Messiah College

School of Graduate Studies

401 E. Winding Hill Rd.

Mechanicsburg, PA 17055

To register, visit www.ppta.org

**Approved for 2 contact hours of evaluative education*

*& 1 contact hour of general education**

Falls Prevention Awareness Day & Membership Wine and Cheese Social

Friday, September 21, 2018

6:00 pm - 7:30 pm

Lebanon Valley College

Arnold Health Professions Pavilion

Information sharing about identifying falls risk and education on utilizing the STEADI assessment.

RSVP mierzwic@lvc.edu by September 14, 2018

PT DAY OF SERVICE

October 13, 2018

Recognize this worldwide day of giving back by volunteering a few hours to connect with a community or organization in need!

PPTA ANNUAL CONFERENCE

October 19– 21, 2018

Valley Forge Casino Resort

King of Prussia, PA

For more information visit

www.ppta.org/MovePA

PIZZA, POSTERS & PRESENTATIONS

Lebanon Valley College PT Students

Tuesday, December 4, 2018 6:00 pm

Please note the earlier start time!

Arnold Health Professions Pavilion, Rm 103

Lebanon Valley College Annville, PA

Facility Phone: 717.867.6840

www.lvc.edu

Support these students as they give an overview of their research projects!!

Directions: Take 422 or 322 E from Hershey to 934 N. Go past main entrance of the college. After going under the bridge, turn right onto Heisey Rd. The Arnold Health Professions Pavilion will be on your left.

Approved for 1 contact hour of general education

IMPAIRMENT BASED CONSERVATIVE MANAGEMENT OF FEMOROACETABULAR IMPINGEMENT (FAI)

Karl Bergmann, PT, ScD, OCS,

COMT, CSCS

Tuesday, January 29, 2019 6:30 pm

Messiah College School of Graduate Studies

401 E. Winding Hill Rd.

Mechanicsburg, PA 17055

Facility Phone: 717.796.1800

www.messiah.edu/dpt

Directions: Take 15 S to the Cumberland Parkway Exit. Use the L lane to turn onto Gettysburg Pike. Use the L lane to turn onto Winding Hill Rd. Use the L 2 lanes to turn left onto E Winding Hill Rd. Turn R onto Barbara Lane. Turn L at the first cross St onto Park Hills Dr. Turn L onto Susan Lane. Turn L onto E Winding Hills Rd.

** Approved for 1 contact hour of evaluative education**

OSTEOPOROSIS: PRACTICAL INTEGRATION STRATEGIES FOR OUR TREATMENT PLANS

Lisa Goussetis, PT, CCTT

Tuesday, March 12, 2019 6:30 pm

Fortius

2078 Bennet Ave Lancaster, PA 17601

Facility Phone: 717.533.4088

www.fortiusstrong.com

Directions: Take 83 South to 283 East. Take the exit for 741 toward Millersville/E Petersburg. Follow 741 E to Bennet Ave.

Approval pending for 1 contact hour

THE GERIATRIC CARDIOPULMONARY SYSTEM

Christina Freshman, PT, DPT, CCI, GCS

Monday, May 13, 2019 6:30 pm

HealthSouth Rehabilitation Hospital

175 Lancaster Blvd Mechanicsburg, PA 17055

Facility Phone: 717.691.3700

www.healthsouthpa.com

Directions: Take 15 S to the Rossmoyne Rd/Wesley Dr. exit. Turn R onto Wesley Dr. Continue on Royal Dr. to Lancaster Blvd.

Approval pending for 1 contact hour