



Westcentral District News Spring 2014



A Message from the Chairman's Desk: Kara L. Kobal, PT, DPT, PCS, ATC, ATRIC

I would like to begin by sending sincere appreciation to our outgoing board members: Steve Podratsky (Chair), Madeline Gyure (Vice Chair), Jenilee Lasure (Public Relations Chair) and Mandy Lauer (Nominating Chair). These individuals have provided great leadership, dedication and commitment to the Westcentral district as well as the PPTA.

2014 began a year of change in the Westcentral district as we welcomed a new Chair and Vice Chair (Nate Barr) as well as several incoming board members: Madeline Gyure (Nominating Chair), Steve Podratsky (Legislative Chair), and Peg Calvert (Membership Chair). The current Westcentral district board members are a mix of novice and experienced volunteer members who have already been working hard to move the district forward. We will continue to offer continuing education to our members as we plan our upcoming meetings and events. We are excited about the possibility of getting more people involved, restructuring the business meetings, and holding more social events over the next several years.

In addition to the changes happening within our district, the PPTA is also entering into a time of significant change as we move forward with the governance review process. As the committee structure changes, the PPTA is very focused on mentoring of future leaders. The Mentorship Task Force was created in 2013 and brought forth several recommendations regarding various ways that the PPTA can support the development of our current volunteers in order to prepare them for future service in leadership positions. The creation of the Volunteer Interest Poll was successful in recruiting interested members who were then invited to serve on various committees and work groups at the state level. (The Westcentral district was well represented on this poll as approximately 20% of the list was comprised of members from our district.) We would encourage all members who are interested in becoming involved to add their name to this list at pptavolunteer.org.

In conclusion, I would like to acknowledge all of the members of the Westcentral district. I look forward to seeing some new faces attending our meetings and events as well as serving on committees and work groups. Thank you for your membership!

THE WESTCENTRAL DISTRICT WILL BE HOSTING AN EDUCATIONAL OPPORTUNITY ON SATURDAY, MARCH 29, 2014 AT ST. FRANCIS UNIVERSITY

Morning Session: 8:00 AM - 12:15 PM → Presenter Mary Ann Wharton, PT, MS.
Title: "Will I Lose My License? A Mock Trial Illustrating Ethical and Legal Issues in Clinical Practice." *Contact Hours: 2 Law/Ethics, 2 General.*

Afternoon Session: 1:00 PM - 5:30 PM → Presenter Ivan Mulligan, PT, DSc, SCS, ATC, CSCS. **Title:** "Screening and Differential Diagnosis Considerations for the Rehabilitation Provider." *Contact Hours: 4 Evaluative*

Registration will be open to members first, and then opens to non-members on March 1st. Space is limited, so register early!!

Questions or need more information? Contact Shannon Scanlan at smlst6@gmail.com

WCD SPRING 2014 MEETINGS

SOCIAL: 6:30 P.M.

EDUCATIONAL TOPIC: 7:00 P.M.

BUSINESS MEETING: 8:00 P.M.

TUESDAY, MARCH 11, 2014

Location: Vantage Physical Therapy, Ebensburg office

Speaker: Mike Gentry

Educational Topic: "Manual Therapy Approach to Identification and Treatment of Cervicogenic Headaches/ Dizziness"

TUESDAY, APRIL 8, 2014

Location: St. Francis University, Stokes 221

Speaker: TBA

Educational Topic: New Advancements in Surgical Intervention for the Knee

TUESDAY, MAY 6, 2014

ALTOONA CURVE GAME!!!

Location: Peoples Natural Gas Field, Altoona, PA

Educational Topic: Poster presentation packet from St. Francis DPT students. No business meeting.

Game starts at 7:00 PM. Ticket prices TBA.



1.0 Contact Hour will be awarded for some, but not for all, educational presentations, pending PPTA approval

Check out our website at

<http://www.ppta.org/Districts/WestCentral.aspx>
for the most current information regarding district meetings, contact hours, and social events.



We need your help! Are you interested in volunteering? Please go to www.pptavolunteer.org to fill out a profile or contact Kara at kkobal@ppta.org. There are several opportunities within the district to serve on a committee or to be a part of work group.

Thanks to all who attended the WCD PT-PAC Wine Dinner! We had a successful turn out which resulted in a great fundraising effort for the PA Physical Therapy Political Action Committee (PA-PT PAC). A big thank you to Steve Podratsky for organizing the event and to John Letizia from Laurel Medical Supplies for sponsoring the event!

